

Typical structure of the "lessons":

1st Introduction

Presenters tell their names and some important information about themselves and the program.

2nd Ice-breaking

Different activities that require movement in order to defuse anxieties and demonstrate the common qualities presenters and participants may have.

3rd Association, defining main categories

Mapping participants' pre-existing knowledge and finding out which topics they are most interested in.

4th Informal discussion on focus questions

Questions can be asked anytime during the "lesson", but there is also a part reserved specifically for asking questions and having an informal conversation.

5th Forms of discrimination

Collecting general expressions and modes of discrimination, and the kind of discrimination what happens in the daily life of LGBT people. Sensitizing participants through roleplays, helping them to recognize different forms of discrimination against LGBT people (e.g. at home, at the workplace, in school, on the streets: mobbing, bullying, harassment, segregation etc.).

6th What can I do?

Participants discuss how they can react if they recognize a discriminatory situation/activity (e.g. mockery, verbal or physical humiliation, harassment, aggression etc.).

7th Where I can find help?

Presenters introduce supporting organizations, legal aid services and their contacts.

Books (in Hungarian) and links (in Hungarian and in English):

Sándor Bea (szerk.): *Már nem tabu. Kézikönyv tanárok-nak a leszbikusokról, melegéről, biszexualisokról és transzneműekről.* Labrisz Leszbikus Egyesület, 2002

Takács Judit: *Homoszexualitás és társadalom.* Új Mandátum K., 2004

Birtalan Balázs: *Halállal lakoljanak? A homoszexuális ember és a kereszténység.* Cartafilus K., 1997

Szentei Natália: *És ha a te gyereked lenne homoszexuális? Masculus K., 2003*

Betty Fairchild–Nancy Hayward: *Most, hogy tudod – Útmutató meleg és leszbikus fiatalok szüleinek.* Göncöl K.

Sándor Bea: *Összefoglaló a leszbikusok, meleg és biszexualisok diszkriminációjáról Magyarországon.* Háttér Társaság–Labrisz Leszbikus Egyesület, 2001

Fischer Eszter: *Meleg a gyerekem?! Saxum K., 2010*

Eltitkolt évek. Tizenhat leszbikus életút. Szerk.: Borgos Anna, Labrisz Leszbikus Egyesület, 2011

Fehér Füzet azonosnemű szülőkéről és gyermekeikről.

Inter Alia Alapítvány, 2010

Sándor Bea (szerk.): *„Mi vagyunk a család, a biztonság, az otthona.” Leszbikus anyák, meleg apák és „pótapák”.*

Interjúk. Inter Alia Alapítvány, 2010

www.melegsegismegismeres.hu

www.labrisz.hu/mm

www.melegvagyok.hu/mm

Supported by Norway Grants, in "Awareness raising about homosexuality – developing an innovative school program for sensitizing" project (project number: NCTA-2013-4194-M1)

EGT és NORVÉG CIVIL Támogatási Alap

eea grants norway grants

ökotárs alapítvány

emnet

CFK Képzési Alapítvány Magyarország

AUTONÓMIA ALAPÍTVÁNY

Getting to know LGBT people

Labrisz Lesbian Association
Szimpozium Association





Aims of the program:

- Raising awareness about LGBT people and issues among young people, their teachers and educators.
- Present gay identities as acceptable through personal life stories; sensitizing participants for the special problems LGBT people have to face.
- Showing the participants that homosexuality is a social phenomenon and explaining the problems related to its social nature.
- Promoting the development of positive attitudes among participants.
- Helping young people realize that standing up against labeling, bullying and discrimination is a common responsibility.

What kind of concrete knowledge and attitudes does the program transmit?

Explaining categories and expressions like stereotypes, homophobia, hetero-, bi- and trans-sexuality, transgender, transvestite, sexual/gender identity, sexual orientation, rights and freedoms, coming out etc.

Discussing and eliminating misbeliefs and prejudices (e.g.: sin, sick, unnatural, destroying society, gay men are feminine, gay women are masculine, calling them faggots is not offensive, pride march is a provocation etc.) against homosexuality, and promoting positive attitudes and helpful activities.

Introducing LGBT organizations and their activities.

The aim of the program is to make participants more sensitive to LGBT issues, NOT to challenge their sexual orientation.

While we respect different views, for example religious ones, on homosexuality, we explain how certain misconceptions can have an impact individually or collectively on LGBT people and how they influence majority society as well.

Methodology:

- A lesson takes 45, 60 or 90 minutes, or more. We can give them in Hungarian or in English. Every lesson is held by two facilitators: usually a non-heterosexual woman and man, who both participated in a special training course and earned a degree for the program.
- Most significant methodologies are: introducing participants LGBT people, with their real feelings, ideas and problems, through telling personal life-stories and having informal conversations with participants. Sensitizing roleplaying games, small-group activities and discussions. The aim is to confront young people's stereotypes and prejudices against LGBT people.

Information and inviting the program:

Kövesi Györgyi labrisz@labrisz.hu
Virág Zsolt info@szimpozion.hu

